



EAP access with a mobile app

By 2015, more than a third of the 1.4 billion smartphone users in the U.S. will have at least one mobile health care app¹. And starting now, if you need help with issues at work or home, you can have an app for that.

Discover expert information, support, and practical solutions for issues that impact your work, health, and life – directly on your mobile device.

Downloading EAPBDA

It is free to download on your mobile device. Available in the App Store and on Google Play, search **EAPBDA**. Enter password **EAPBDA** to access the app.

Key Features

- Access EAP services on-the-go
- Call, text and email EAP counselors
- Read health and wellness articles
- Access EAP employee website and online legal forms
- Receive push notifications to stay up-to-date with your EAP



¹ "mHealth in an mWorld, How mobile technology is transforming health care." Deloitte Center for Health Solutions, www.deloitte.com/assets/Dcom-UnitedStates/Local%20Assets/Documents/us_chs_2012_mhealth_HowMobileTechnologyIsTransformingHealthCare_032213.pdf (accessed August 22, 2014)